

MINT RECORDS

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The Awkward Stage *Slimming Mirrors, Flattering Lights*

CD #MRD-118

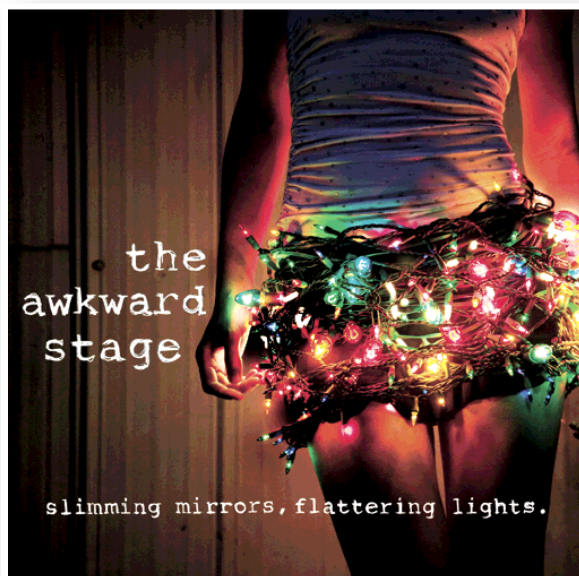
release date: June 10, 2008

In our current cluttered musical climate, **The Awkward Stage's** upcoming sophomore record, *Slimming Mirrors, Flattering Lights* is an audiophile's oasis where the band successfully combines clever lyrics and courageous arrangements into 12 brilliant and brutally honest pop gems. *Slimming Mirrors, Flattering Lights* is a refreshing record. It is fragile yet triumphant record, and possesses a rare cohesive beauty.

The Awkward Stage began as the recording project of multi-instrumentalist, **Shane Nelken**. You may remember **Shane** as one of **Carl Newman's** henchmen in **The AC Newman Band**, or from CBC Radio 3's "**Dear Shane**", where he acted as their witty resident rocktologist and advice guru to the stars. **The Awkward Stage** also features **Tygh Runyan (The Beans)** on lead guitar, percussionist **Tony Koelwyn (Bossanova)**, and **Chris Mitchell** (of the **Vancouver Symphony**) on trumpet. **Tygh** is also an accomplished actor and can also be spotted in *Snakes on a Plane*. Seriously!

Since the release of its 2006 Mint Records debut, *Heaven Is for Easy Girls*, **The Awkward Stage** has toured North America extensively with **The New Pornographers**, played with '60s legends, **The Zombies**, performed at the **CMJ Music Marathon** as well as **SXSW**, and was nominated for a **Western Canadian Music Award** for their pop wizardry.

With the addition of more personal and reflective elements, *Slimming Mirrors, Flattering Lights* not only retains — it improves upon the infectious pop genius of *Heaven Is for Easy Girls*. So take notice — there's no sophomore slump here.



Track Listing

The Sun Goes Down on Girlsville
Your Heart Serves Only You
Anime Eyes
(Prettier...)
Skeletal Blonde
Hey, Modern School Girl
Only Good Days Caught on Camera
(Than...)
True Love on Three with Feeling
We Dreamt of Houses
I Hurt the Ones that Love Me
(Them...)
Youth Is a War
Mini Skirt of X-mas Lights
Dandelion

Also Available:
Heaven Is for Easy Girls CD

www.myspace.com/theawkwardstageband

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